

OTTER TRAIL GUIDE

TIDES MAY 2019

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0702	1748	0207	1424	0810	2024
2	0703	1747	0239	1456	0840	2052
3	0704	1746	0310	1527	0911	2121
4	0704	1745	0341	1559	0942	2150
5	0705	1744	0413	1631	1013	2220
6	0706	1743	0445	1704	1046	2253
7	0707	1742	0520	1738	1120	2328
8	0707	1741	0556	1815	1157	----
9	0708	1740	0637	1858	0008	1238
10	0709	1740	0725	1952	0055	1327
11	0710	1739	0828	2110	0158	1430
12	0710	1738	1002	2306	0334	1608
13	0711	1737	1147	----	0544	1801
14	0712	1736	0026	1257	0652	1903
15	0713	1735	0122	1350	0742	1950
16	0714	1735	0208	1436	0824	2031
17	0715	1734	0251	1518	0903	2109
18	0716	1733	0331	1558	0940	2145
19	0716	1733	0409	1635	1015	2220
20	0717	1732	0445	1710	1048	2255
21	0718	1731	0519	1744	1120	2330
22	0719	1731	0552	1817	1152	----
23	0719	1730	0624	1851	0006	1224
24	0720	1730	0658	1931	0045	1259
25	0721	1729	0739	2025	0132	1343
26	0722	1729	0837	2158	0236	1446
27	0722	1728	1013	2336	0417	1639
28	0723	1728	1156	----	0551	1813
29	0723	1727	0035	1256	0647	1903
30	0724	1727	0118	1341	0729	1942
31	0724	1727	0157	1420	0806	2017

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

